

# - Advocacy Curriculum Training -



The Medina County Board of Developmental Disabilities is happy to support you through our Advocacy Curriculum Training.

In an effort to expand access to advocacy training throughout our community, the MCBDD is offering providers a 4-session advocacy group program, using a curriculum that can be maintained even after the sessions are complete.

## Part 1

Through the Advocacy Curriculum Training, MCBDD staff facilitate weekly interactive and engaging sessions on-site, guiding individuals through our curriculum. All participants will receive a recognition certificate at the conclusion of the program.

The Advocacy Curriculum Training, covers:

- general advocacy
- communication styles
- problem solving and listening
- rights, rules, and responsibilities
- the Americans with Disabilities Act
- goal setting
- personal space
- time management
- and more!

This training aims to build a strong local support network of professionals, providers, and support staff who empower people with developmental differences to reach their potential. Advocacy is most effective in community groups, where individuals gain confidence and strength from others who share similar experiences and goals.

## Part 2

Upon completion of the program, providers will be given the full curriculum, training materials, worksheets, and videos, making it easy to help individuals maintain and continue building meaningful advocacy skills after the program ends. The curriculum is designed for providers and those they serve to move through at their own pace, depending on their own needs and interests.

The Medina County Board of Developmental Disabilities (MCBDD) believes in the importance of people with developmental disabilities having a voice in issues which impact them.

**If you have questions or want more information, please contact the MCBDD Advocacy Advisor at 330-725-7751 ext. 119.**