

- DSP Spotlight -

February 2026

Rachel Green



What do you like to do in your free time? I enjoy spending time with my family, traveling, home decor and being outdoors. I especially love camping, swimming, hiking, and spending time in nature.

How long have you worked as a Direct Support Professional? I have worked as a Direct Support Professional for several years.

How did you start in the field? I began volunteering as a young teenager with Special Olympics, bowling leagues, and social dances, which sparked my passion for supporting individuals with developmental differences. As an adult, I focused on early childhood education, where I had the opportunity to help shape young minds of all abilities. Over time, this passion grew into my work as a Direct Support Professional, where I have spent several years gaining experience in direct support and program development focused on inclusion, independence, and community engagement.

Has there ever been anyone that has stood out to you as a mentor in this field? My sister and colleague, Jackie White, has been a significant mentor to me. Her compassion, dedication, and unwavering belief in the abilities of the individuals we serve have continuously inspired me to do more for our community. I have also been fortunate to learn from others in this field who model person-centered support, patience, and strong advocacy, all of which have helped shape the way I approach my work today.

What is your favorite thing to do with the people you serve? I enjoy engaging in community outings and shared experiences, whether it's exploring new places, participating in wellness activities, or enjoying simple moments together. These experiences help build confidence, independence, and meaningful connections.

What is your favorite part of being a Direct Support Professional? My favorite part of being a Direct Support Professional is watching individuals grow, seeing their confidence increase, goals achieved, and independence strengthen. Being part of someone's journey and helping them feel valued, heard, and included in their community is incredibly rewarding.

What makes Rachel a great DSP?: Rachel is an exceptional support staff member who consistently goes above and beyond for the individuals she serves. One moment that truly stands out is her creative approach to teaching and guiding others. After a bit of miscommunication within the group, Rachel cleverly invited everyone to play a game of telephone. The room filled with laughter as messages hilariously changed along the way, and the group walked away with a meaningful lesson about communication. Rachel has a gift for turning everyday moments into opportunities for growth, joy, and connection. She brings that energy with her every single day.

