

# - Bill of Rights -

## for Persons with Developmental Disabilities

1. You have the right to be **treated with respect.**



8. You have the right to be **alone** sometimes, and you have the right to keep some things **private**, if you want to.



2. You have the right to a **clean, safe place to live.**



9. You have the right to **talk to other people.**



3. You have the right to have **food that is good for you.**



10. You have the right to have and **use your own things.**

4. You have the right to go to a **church, synagogue or mosque** if you want to. You have the right not to go to one if you don't want to.



11. You have the right to have **men and women** as friends.



5. You have the right to go to a **doctor or dentist** when you need to.



12. You have the right to do things that help you **reach your goals.**

6. You have the right to get other **health care services**, like speech therapy or physical therapy, if you want to.



13. You have the right to **work and make money.**



7. You have the right to get these services in a way that makes you **feel comfortable.**

14. You have the right to be **treated fairly.**

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## for Persons with Developmental Disabilities

15. You have the right to live **without bullying or abuse.**



20. You have the right to **say who can see information** about you and your disability.

**Private**

16. You have the right to do **the things you enjoy.**



21. You have the right to **ask for changes** when you don't like something. You have the right to ask for changes **without being afraid of getting into trouble.**



17. You have the right to help make **decisions that affect your life.**



22. You have the right to be **in control of your own body.** You have the right to not be held down if you are not hurting yourself or someone else.

18. You have the right to **choose someone** to help you make decisions.



23. You have the right to **vote and to learn about laws.**



19. You have the right to **earn money and pay your bills.** You have the right to save or spend your money, and you have the right to choose someone to help you with your money.



24. You have the right to **decide if you want to take part in a study or an experiment** if someone asks you to. You also have the right to **say no.**

