

- Health Services Message -

HOLIDAY SEASON

We often view the holiday season as a joyous time of year, full of friends, family, happiness, rest and relaxation. However, many of the rituals associated with this time of year can be a significant source of anxiety and stress.

It's important to remember that some families go without the bare necessities during the holiday season that many people take for granted every day of the year. They may struggle accessing food, water, clothing & warm place to sleep at night. Whether you are the one in need or know of someone that could use a little extra help this holiday season the following links may be of assistance.



Resources:

Food Pantries & Hot Meals:

[Feeding Medina County Food Distribution Calendar](#)

[Feeding Medina County Pantries](#)

Financial Assistance:

[Medina Cares](#)

[Love in the name of Christ Medina](#)

[We Care Medina Personal Care Pantry](#)

In need of clothing or toys for Christmas:

[Salvation Army](#)

Fill out the application - [CLICK HERE](#)

In need of housing or utility bill assistance:

[Community Action Wayne/Medina](#)

[United Way Summit and Medina](#)

Healthcare Assistance:

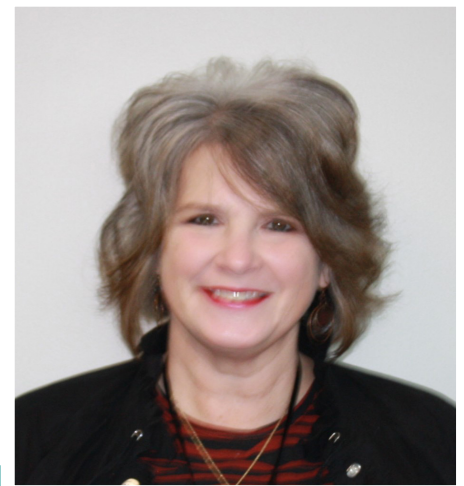
[United Way Summit and Medina](#)

In need of clothing, shoes, household items, diapers, formula, books, toys:

[Marian's Closet](#)

Wishing you all a warm, healthy and happy holiday season from
MCBDD Health Services!

If you have any questions or are in need of resources,
please reach out to Pam Wheeler, Health Services Coordinator,
at 330-725-7751 ext. 234 or pwheeler@mcbdd.org.



Pam Wheeler,
Health Services Coordinator