

- DSP Spotlight -

January 2024

Laura Lenart



What do you like to do in your free time? I like to cook, watch movies or classic tv shows, and when possible, I like traveling. I also enjoy researching topics of interest such as recipes, health and medical information, animals, and nature.

How long have you worked as a Direct Support Professional? I've been a DSP for 16 years.

How did you start in the field? I started my career through a staffing agency in Colorado. During the interview, they said there was a health care job opportunity with training. Once I met with the supervisor of the company, she mentioned that this is not a typical job just for a paycheck. I ended up loving to help people with disabilities and felt this is my calling in life!

Has there ever been anyone that has stood out to you as a mentor in this field? Two people have stood out to me as mentors, including my manager at Mosaic in Colorado Springs, Tina Viau, and a parent/DSP here in Medina County, Christal Rienarth.

What is your favorite thing to do with the people you serve? My favorite thing to do is include them in gatherings with family and friends and go out in the community. This opens their world and gives them a larger circle of friends. It also benefits the younger people in my family by allowing them to get to know people with disabilities on a more personal level and see them as a person, not their disability.

What is your favorite part of being a Direct Support Professional? I enjoy helping people accomplish their goals, seeing them gain more confidence, and knowing I am able to make a difference in someone's life.

What makes Laura a great DSP?: Laura Lenart is the best provider that my son, William Wylucki, has EVER had. She is kind, caring, and stays in touch with Bill on a daily basis, even outside of her assigned work hours. Laura converses with Bill and has gotten him to open up and tell her how he feels, what he'd like to do, etc. She keeps him busy, has taught him how to review his pantry of needed items, make a grocery list, and shop healthy. The biggest thing she has taught him was to prepare and cook recipes, divide portions, put food into containers and label them, and freeze meals while she's not with him. She truly is an exceptional provider and looks for fun things for them to do together. They work so well together and she adjusts her hours to accommodate Bill's needs.

Thank you for your outstanding contributions to helping people with developmental disabilities and their families in Medina County. Thank you for sharing your dedication and commitment to making a difference in the lives of others every single day.

