

# - DSP Spotlight -

January 2023

## Julie Howell



**What do you like to do in your free time?** Quiet things like reading. I also enjoy going to concerts with my husband.

**How long have you worked as a Direct Support Professional?** 15 Years

**How did you start in the field?** I always wanted to work in this field, but thought I would need a degree. When I found out that I didn't and all I had to do was apply, I immediately applied and got hired in St Louis, Missouri.

**Has there ever been anyone that has stood out to you as a mentor in this field?** I can't narrow it down to just one. There have been many over the years, but I'll say Debbie and Sarah from my former job. More recently Sebastian Workman from MCA.

**What is your favorite thing to do with the people you serve?** "Anyone who knows me can tell you it's going out to eat!"

**What is your favorite part of being a Direct Support Professional?** Getting to work alongside some very great people. Also, having a part in making sure that individuals rights are being respected when in years past they haven't been.

**What makes Julie such a great DSP?:** Since Julie began working at Medina Creative Housing/Accessibility, she has navigated every challenge that has come her way. She is reliable and goes above and beyond. Julie is very knowledgeable about those we serve. She works with multiple individuals and take time to learn their communication styles and how to build rapport. Julie's skillset makes her an incredible asset to our team – recently, she received a promotion to Team Lead!

**Thank you for your outstanding contributions to helping people with developmental disabilities and their families in Medina County. Thank you for sharing your dedication and commitment to making a difference in the lives of others every single day.**

