## MEDINA COUNTY EMPLOYMENT SUPPORT NETWORK

# Helping You Find Success





### **ABOUT THE SUCCESS COACH:**

Lori Filaine has a degree in Psychology from the University of Akron and is a Board-Certified Mental Health Coach and Certified Grief and Bereavement Counselor.

#### Need help or services?

Please reach out and **REMEMBER** services are provided free of charge.

**CALL:** 330-723-2229 ×2024

**CALL ORTEXT:** 330-641-3000

**EMAIL AT:** Ifilaine@cawm.org

The Medina County Employment Support Network offers the services of a Success Coach - FREE OF CHARGE - to find and guide you in connecting to the help you need to conquer life's most challenging moments.

#### Your Success Coach can confidentially help you with:

- counseling for personal, marriage, and family situations
- life skills like budgeting, completing your GED
- public assistance and how to apply and navigate systems
- financial stability through credit counseling, 401K, college and other savings plans
- work issues such as attendance barriers and conflict resolution
- housing resources for rentals or affordable home buying
- transportation needs such as using public transit, repairs, and car purchases
- treatments and support for drugs and alcohol dependency

The Medina County Employment Support Network helps employees find services and programs that help support their personal struggles so they are able to continue working.

For more information visit www.CAWM.org



The Success Coach is available at no cost to employees of local service provider agencies, DSPs and independent providers, through a partnership between Community Action Wayne/Medina and the Medina County Board of Developmental Disabilities