medina county board of developmental disabilities Advocacy Update December 21, 2021

## **News We Want to Share With You**



## **IT'S NATIONAL HUMBUG DAY**

Humbug Day on December 21st recognizes the Ebenezers, the Scrooges, and Grinches of the holiday season. This day was created to allow us express our frustrations, to let the Scrooge in all of us out, and let him reveal himself. Whether we declare it through a humbug or two or just avoid the people-y places, the day gives us a break from the hustle and bustle of activity that comes with the season. Sometimes, even the most joyous of us all can get bitten by the hum-bug!

It's been a trying year, but we pulled through with flying colors! In creative ways, we have strengthened our advocacy, supported and educated local schools, businesses and non-profits, shared news and resources and learned new skills while promoting inclusion.



Wishing all a wonderful and safe holiday. I can't wait to see what 2022 brings!



## **MOVING FORWARD**

In January, MCBDD Self Advocates will begin our annual food and personal item donation drive for the Catholic Charities Medina County Food Pantry. It's been stated that donations significantly drop after the New Year, so we think this is a perfect time to restock those shelves!



More information will be coming soon.