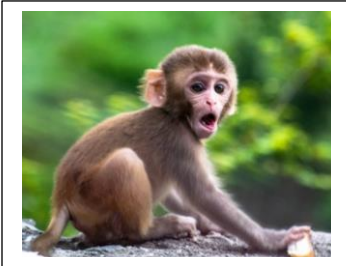


Advocacy Update

December 14, 2021

News We Want to Share With You

IT'S NATIONAL MONKEY DAY!



National Monkey Day celebrates the unique characteristics of simians. The day also focuses on other non-human primates such as apes, tarsiers, and lemurs.

Monkeys, also known as simians, live all over the world. More than 260 species of monkeys populate Africa, Central America, South America, and Asia. They range in size from mere ounces, like the pygmy marmoset, to the mandrill, at a heavier 80 pounds. Learn all about National Monkey Day by [clicking here!](#)

Use Random Acts of Kindness to Improve the Holidays



During the holidays, we're more likely to reach out to one another in service and love. Although it's always fun to hear magnificent stories of generosity during the holidays, that kind of service isn't always possible or needed. You don't need to buy Christmas gifts for an entire family, leave a hundred-dollar tip at a restaurant, or spend countless hours volunteering. However, there are small things you can do to get yourself in the holiday spirit and improve the holidays for those around you. These small acts of kindness are easy to do, and they'll brighten the lives of many! Choose from the list below or be creative with your own Act of Kindness.

- Compliment someone you don't know.
- Donate food to the food pantry.
- Donate books or toys that you no longer need.
- Let someone move ahead of you in line.
- Bake cookies for someone.
- Send a letter or card to a military member.
- Donate pet supplies to your local pet shelter.
- Express appreciation to a coworker or friend.
- Volunteer to read holiday stories at your local library or nursing home.
- Pick up litter in your local park.

Remember, little things can make a big difference in someone else's life this holiday season. By doing small acts of kindness, you can get yourself in the holiday spirit without maxing out your time, money, or energy.