## Join us for a free upcoming

## Mental Health Awareness Training

Gain awareness of signs/symptoms of mental distress, and learn how to interact with those in distress to direct them to resources!

Thursday, September 9, 2021 10-11 AM (Virtual)

**Everyone Welcome!** 

Click here to register

**Click here for more information** 

Medina County Aware/Kent State University
Division of Mental Health & Substance Use
Center for Public Policy & Health



## Join us for a free upcoming

## Mental Health Awareness Training

Gain awareness of signs/symptoms of mental distress, and learn how to interact with those in distress to direct them to resources!

Tuesday, September 28, 2021 2-3 PM (Virtual)

**Everyone Welcome!** 

Click here to register



Medina County Aware/Kent State University Division of Mental Health & Substance Use Center for Public Policy & Health

