

Save the Date

JOYFUL TOGETHER: Reigniting Relationships and Reinforcing Resiliency in Children and Caregivers with Play

Session 1: June 16th 10:00-11:30am

Session 2: June 24th, 10:00-11:30am



Benjamin Kearney, Ph.D.



Holli Ritzenthaler, MSSA, LISW-S

The effects of toxic stress can be detrimental; however its effects can be dampened and even overcome through joyful, positive experiences. Joy experienced through play can lead to increased resiliency and insulation against long-term effects of adverse childhood experiences (ACEs) and toxic stress. Parents and caregivers must be equipped with tools to improve the quantity and quality of joy and playing to leverage successful early childhood outcomes.

These sessions will provide attendees with a neurobiological view and instruction on building resiliency by infusing relationships with joy and play to both insulate against and repair damages caused by trauma, toxic stress and ACEs. Attendees will leave these sessions with activities and tools to further equip parents and caregivers to improve the quantity and quality of joyful interactions with young children. Session 1 will focus on the theory and neurobiology behind Joyful Together with Dr. Benjamin Kearney. In Session 2, Holli Ritzenthaler will guide attendees through a variety of joyful activities and approaches to incorporate into their practices.

[Register Here](#)

Both webinars are free and CEUs have been applied for.



Ohio

Department of
Developmental Disabilities

